



SOME PEOPLE WITH **DIABETES** DON'T GET VACCINATED AGAINST **FLU...**

If you have diabetes, catching flu can affect your glucose levels and lead to hypo- or hyperglycaemia, with potentially serious consequences. The Department of Health advise vaccination to be your best option for protection, so make sure you have a flu jab each year.

Don't underestimate the risks of FLU. **Book your jab today.**

Reporting of side effects. If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the package leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard.

By reporting side effects you can help provide more information on the safety of this medicine.